

Moderate or Vigorous Physical Activity* (Calculated Variable)?
Kentucky BRFSS 2001

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	6933	1813	28.9	(27.3-30.5)	5120	71.1	(69.5-72.7)
ADDs							
Barren River	490	140	32.2	(27.4-37.4)	350	67.8	(62.6-72.6)
Big Sandy	400	81	23.0	(18.2-28.6)	319	77.0	(71.4-81.8)
Bluegrass	485	145	31.3	(26.5-36.5)	340	68.7	(63.5-73.5)
Buffalo Trace	390	92	32.7	(20.6-47.8)	298	67.3	(52.2-79.4)
Cumberland Valley	430	95	23.0	(18.7-28.0)	335	77.0	(72.0-81.3)
FIVCO	515	113	22.3	(18.4-26.7)	402	77.7	(73.3-81.6)
Gateway	538	155	34.1	(27.7-41.1)	383	65.9	(58.9-72.3)
Green River	384	87	25.6	(20.5-31.5)	297	74.4	(68.5-79.5)
Kentucky River	440	94	20.8	(16.7-25.7)	346	79.2	(74.3-83.3)
KIPDA	526	164	29.9	(25.6-34.5)	362	70.1	(65.5-74.4)
Lake Cumberland	445	101	24.9	(20.4-30.2)	344	75.1	(69.8-79.6)
Lincoln Trail	463	139	31.0	(26.4-36.0)	324	69.0	(64.0-73.6)
Northern Kentucky	520	153	30.6	(26.2-35.4)	367	69.4	(64.6-73.8)
Pennyrile	401	118	30.0	(25.2-35.3)	283	70.0	(64.7-74.8)
Purchase	506	136	29.6	(25.1-34.5)	370	70.4	(65.5-74.9)

Moderate or vigorous physical activity is defined as thirty or more minutes of moderate physical activity

five or more days a week or vigorous activity for 20 or more minutes three or more times a week.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, %

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.